



Center for Professional Development

2016 – 2018 Past Workshops

Thursday, July 7, 2016

Creating a Work Atmosphere that Attracts and Sustains Happy Employees and Increased Productivity A Workshop for Managers
Julie McGrath, MSW, LICSW in Foxborough, MA

Thursday, July 14, 2016

Working From Within: Addressing Domestic Violence with Fathers in Multiple Settings
Fernando Mederos, Ed.D in Chelmsford, MA

Thursday, July 21, 2016

Creating Supports for Children and Families Coping with Domestic Violence
Stephanie Howard, Ph.D., in Peabody, MA

Thursday, July 28, 2016

Effectively Navigating Complex Trauma with Children and Families in the World of Community Based Mental Health
Jeannette L. Coleman, MSW, LICSW in Chelmsford, MA

Thursday, August 4, 2016

Mindfulness: Skills for Self and Client Care
Jefferson B. Prince, M.D. in Chelmsford, MA

Thursday, September 8, 2016

Welcome to America and School: Working with First Generation Immigrant Children
Dr. Westy Egmont in Chelmsford, MA

Friday, September 16, 2016

Working with Gang-Involved Youth: A Trauma Informed Approach
Rick Cresta LICSW, MSW/MPH in Hyannis, MA

Thursday, September 22, 2016

Effectively Navigating Complex Trauma with Children and Families in the World of Community Based Mental Health
Jeannette L. Coleman, MSW, LICSW in Foxborough, MA

Thursday, October 6, 2016

The Epidemic of Opiate Addiction: Implications for Social Workers' Work with Opiate Addicted Parents
Shelley Steenrod, Ph.D., LICSW and Rebecca G. Mirick, Ph.D., LICSW in Peabody, MA

Thursday, October 13, 2016

Intervening Effectively with Multi- Stressed Families
Dan Jacobs, EdM, MBA, PsyD in Hyannis, MA

Thursday, October 20, 2016

Real Life Obsessive-Compulsive Disorder: More than hand-washing and checking
Kimberly Glazier Leonte, PhD in Chelmsford, MA

Thursday, October 27, 2016

The Commercial Sexual Exploitation of Children: Understanding and Responding to Victims
Audrey Morrissey and Nikki Valila in Foxborough

Thursday, November 3, 2016

Understanding, Preventing and Treating School Refusal and Truancy
Elana Wolkoff, Ph.D. in Hyannis, MA

Wednesday, November 16, 2016

The Epidemic of Opiate Addiction: Implications for Social Workers' Work with Opiate Addicted Parents
Shelley Steenrod, Ph.D., LICSW and Rebecca G. Mirick, Ph.D., LICSW in Sturbridge, MA

Thursday, December 1, 2016

The Epidemic of Opiate Addiction: Implications for Social Workers' Work with Opiate Addicted Parents
Shelley Steenrod, Ph.D., LICSW and Rebecca G. Mirick, Ph.D., LICSW in Foxborough, MA

Tuesday, December 6, 2016

Anger, Rage and Trauma: Talking to Kids About Difficult Things
Daniel Jacobs, EdM, MBA, PsyD in Chelmsford, MA

Thursday, December 15, 2016

Emotional self-regulation in the Workplace: How to Maintain Composure, Control and Peace of Mind in any Circumstance
Jackie Woodside, MSW, LICSW, CPC in Sturbridge, MA

Thursday, January 12, 2017

Unraveling the Intricacies of Autism Spectrum Disorders
Ryan Plosker, M.S., CAGS, Ed.D in Chelmsford, MA

Thursday, January 26, 2017

Talking about the Taboo: Discussing Healthy Sexuality with Adolescent
Andrea Kelley, MSW, MPH in Foxborough, MA

Wednesday, February 15, 2017

Welcome to America and School: Working with First Generation Immigrant Children
Westy Egmont, PhD in Hyannis, MA

Thursday, March 23, 2017

Boundaries: What Every Human Service Employee Needs to Know to Keep Relationships Professional and Thriving
Julie McGrath, MSW, LICSW in Chelmsford, MA

Monday, April 3, 2017

Sex Ed by Porn? Pornography, young people and sexuality
Maree Crabbe in Chelmsford, MA

Friday, April 7, 2017

Trying to Stop Opioid Addiction Before It Happens: Addressing Transgenerational Substance Abuse at the Youth and Family Levels"
Dan Jacobs, EdM, MBA, PsyD in Peabody, MA

Wednesday, April 19, 2017

Motivational Interviewing
Enid Watson, MDiv in Chelmsford, MA

Thursday, April 27, 2017

Treating Eating Disorders: Integrating Psychotherapy and Nutrition

Karen Chinca, LICSW, Marci Anderson Evans, MS, CEDRD, LDN, CPT in Chelmsford, MA

Friday, May 5, 2017

Strong at the Broken Places: Discovering Resiliency in Ourselves and Our Clients

Linda T. (Lynn) Sanford, LICSW in Chelmsford, MA

Thursday, May 11, 2017

Effectively Navigating Complex Trauma with Children and Families in the World of Community Based Mental Health

Jeannette L. Coleman, MSW, LICSW in Hyannis, MA

Tuesday, May 16, 2017

Working From Within: Addressing Domestic Violence with Fathers in Multiple Settings

Fernando Mederos, Ed.D in Foxborough, MA

Thursday, June 8, 2017

Trauma Informed Care

Joanna Bridger, LICSW in Hyannis, MA

Friday, June 16, 2017

Internal Family Systems Therapy (IFS): A Revolutionary & Transformative Treatment for Permanent Healing of PTSD, Anxiety, Depression, Substance Abuse and More

Frank G. Anderson, M.D. in Chelmsford, MA

Thursday, August 3, 2017

Building Teams in Difficult Circumstances: Developing Communication, Collaboration and Collegiality

Dan Jacobs, EdM, MBA, PsyD in Chelmsford, MA

Monday, August 7, 2017

Psychological First Aid: Your First Response to Traumatic Events

Larry Berkowitz, EdD, Joanna Bridger, LICSW, in Hyannis, MA

Thursday, September 14, 2017

Keeping Joy in the Work We Do, Inspiration for Human Service workers to sustain a career of passion and purpose!

Julie McGrath, MSW, LICSW in Hyannis, MA

Thursday, September 28, 2017

Real Life Obsessive-Compulsive Disorder: More than hand-washing and checking

Kimberly Glazier Leonte, PhD in Foxborough, MA

Thursday, October 12, 2017

Mindfulness: Skills for Self and Client Care

Jefferson B. Prince, MD, PhD in Chelmsford, MA

Thursday, November 9, 2017

Conflict Resolution: Untangling Anger – Yours and Theirs

Gina Campione Genest, M.Ed. in Chelmsford, MA

Thursday, November 16, 2017

Trying to Stop Opioid Addiction Before It Happens: Addressing Transgenerational Substance Abuse at the Youth and Family Levels"

Dan Jacobs, EdM, MBA, PsyD in Hyannis, MA

Friday, December 15, 2017

It Makes Perfect Sense: Understanding the Emotional and Behavioral Impact of Childhood Trauma

Andrea Meninno, LICSW in Chelmsford, MA

Thursday, January 18, 2018

Vicarious Trauma & Its Impact on Service Providers

Mary-K O'Sullivan, LMFT, LADC, LPC in Chelmsford, MA

Thursday March 15, 2018

Rewire Your Brain for Stronger, More Rewarding Relationships

Amy Banks, MD, Foxborough, MA

Thursday, April 5, 2018

It Makes Perfect Sense: Understanding the Emotional and Behavioral Impact of Childhood Trauma

Andrea Meninno, LICSW in Foxborough, MA

Friday, April 20, 2018

Life at the Edge," Mastering the Challenges of Complex Trauma

Frank Anderson, MD in Chelmsford, MA

Tuesday, May 15, 2018

Working with Multicultural Teams

Kari Heistad, founder and CEO, Culture Coach International in Peabody, MA

Monday, June 4, 2018

Developmental Disabilities and Sexuality 101

Katherine McLaughlin, M.Ed. in Peabody

Friday, June 8, 2018

Internal Family Systems Therapy (IFS): A Revolutionary and Transformative Treatment for Permanent Healing of PTSD, Anxiety, Depression, Substance Abuse and More

Frank Anderson, MD in Hyannis, MA

Tuesday, June 12, 2018

Virtual Addiction: Are we controlling our devices or are they controlling us?

Dr. David Greenfield in Lexington, MA

Wednesday, June 20, 2018

Another Way to Look at the Opioid Epidemic: a Journey of Self-Discovery

Mark S. Kennard, LICSW, Dr. Harvey Zarren and Richard Zombeck in Peabody, MA